

The Teen Line Board of Directors
along with
The Herzer Family
present

2016 FOOD FOR THOUGHT LUNCHEON

THE 35TH ANNIVERSARY OF TEEN LINE'S FIRST CALL

THURSDAY
APRIL 14, 2016

THE BEVERLY HILTON



BENEFITING

teen line[®]

teens helping teens



April 14, 2016

Dear Friends,

On behalf of the City of Los Angeles, welcome to Teen Line's Annual Food for Thought Luncheon.

For 35 years, Teen Line has changed lives by providing personal peer-based education and support for teens facing challenges like bullying, alienation or suicidal thoughts. Thanks to these efforts, Teen Line is creating a group of thoughtful, empathetic teen counselors and providing a safe space for teens at risk.

Congratulations to the many incredible honorees: Dr. Elaine Leader; The Henson & Otis Family; and The Hekmat Family. My sincere congratulations also to the many wonderful teen volunteers who will be honored: your contributions are invaluable and they form the core of Teen Line.

I send my best wishes for a memorable event and continued success.

Sincerely,



ERIC GARCETTI
Mayor



FOOD FOR THOUGHT LUNCHEON

April 14th, 2016

We are delighted to welcome you to Teen Line - a nonprofit, community-based organization dedicated to providing personal teen-to-teen education and support before problems become a crisis, using a national hotline, current technologies and community outreach.

Teen Line provides a safe place to talk things out with another teen who can understand and will listen, but not judge. This simple act of listening can make a huge difference - sometimes a life-saving one. Last year 15,000 young people contacted the hotline and more than 25,000 attended outreaches. Our teens are called listeners, and there is nothing they haven't heard - any problem big or small.

TEEN LINE HOTLINE: (310) 855-4673 or (800) 852-8336
in US & Canada

TEEN LINE OFFICE: P.O. Box 48750, Los Angeles, CA 90048
Tel: (310) 423-3401
contact@teenlineonline.org



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www.teenlineonline.org

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Welcome to this year's **Food for Thought Luncheon**. While always a great event, this year we celebrate **"The 35th Anniversary of Teen Line's First Call"**. With every new year comes talented, new teen listeners. With 35 years, we now have several teen volunteers whose parents were Teen Line listeners when they themselves were in high school.

This has been an exciting year for us. Thanks to Cedars-Sinai's generosity, our office space has been upgraded. Our hotline has handled 88% more calls, texts and emails than last year and we have expanded our outreach program to include a wonderful new Parent Program. Our website continues to attract both adult and teen visitors from all over the world with our new parent blog and teen-to-teen blog written by our own Teen Line listeners. From our message board to our hotline, teens seek help from us from places as far away as Nigeria and China!

Our teen volunteers are so dedicated and inspiring. Their training is extremely rigorous and requires a major commitment. We are also fortunate to attract so many wonderful mental health professionals, our Resource Associates, to supervise the hotline shifts. Additionally, we have fantastic adult volunteers who assist in our community outreaches. We are particularly grateful to the parents that participate in our teen suicide prevention outreaches by sharing their personal experience of such a tragic loss.

We also want to acknowledge the dedication of our Teen Line parents. They not only support their teen's work with Teen Line, but kindly donate funds or in-kind services and help spread the word about Teen Line to their friends and contacts. This year, we are delighted to honor the **Henson and Otis Family** with our **2016 Humanitarian Award**. The **Hekmat Family**, whose triplets are all Listeners, will receive our **2016 Distinguished Service Family Award**. **Founder Dr. Elaine Leader** is honored to receive the **2016 Above and Beyond Award**.

This year, we are honoring eleven of our teens! **Sarah Cohen** and **Sabrina Bell** will be honored with **Teen Hero Awards**, the **Outstanding Listener Awards** will be given to **Henry Muhlheim** and **Sarah Wagner** and the **Teen Advocacy Award** to **Gabe Wieder**. **Alexandra Strong** and **Isabella York** are receiving our **2016 VOICE Awards** and our **Distinguished Service Awards** will be given to **Laetitia Coustar**, **Shadi Keyvani**, **Baxter King-Epping** and **Sara Nasr**. Congratulations to these amazing youth!

None of the above accomplishments would be possible without the commitment of our dedicated staff, the support of our teens' parents, individual and foundation sponsors, and our fantastic Board of Directors. Many thanks to **Didi Hirsch's Suicide Prevention Center**, who unwaveringly cover our after-hours crisis calls. And last, but certainly not least, we are profoundly grateful to **Cedars-Sinai** for their ongoing and extensive support.

Jeffrey A. Kaplan
President

Elaine Leader, Ph.D.
Founder

Michelle Carlson, MPH
Executive Director

FOOD FOR THOUGHT ANNUAL LUNCHEON

April 14th, 2016

PROGRAM

"The 35th Anniversary of Teen Line's first call"

WELCOME

Michelle Carlson, MPH

TEEN LINE LGBTQ VIDEO

HOST

Sheryl Lee Ralph

DISTINGUISHED SERVICE AWARD

Laetitia Coustar, Shadi Keyvani

Baxter King-Epping, Sara Nasr

TEEN VOICE AWARD

Alexandra Strong & Isabella York

TEEN ADVOCACY AWARD

Gabe Wieder

OUTSTANDING LISTENER AWARD

Henry Muhlheim & Sarah Wagner

TEEN HERO AWARD

Sarah Cohen & Sabrina Bell

DISTINGUISHED SERVICE FAMILY AWARD

The Hekmat Family

HUMANITARIAN AWARD

The Henson and Otis Family

ABOVE AND BEYOND FAMILY AWARD

Dr. Elaine Leader

CONCLUSION

Jeffrey Kaplan and Michelle Carlson, MPH

SHERYL LEE RALPH

Host

An acclaimed award winning show biz "pro", originating and creating the role of Deena Jones on Broadway in the landmark musical Dreamgirls, Sheryl Lee Ralph is a multifaceted jewel of a woman who sparkles in every area of her life. On television, she starred in the new TV Land series *Instant Mom* and was voted one of TV's Favorite Moms in the groundbreaking series *Moesha*. In the SHOWTIME series, *Ray Donovan*, she can be seen as Claudette and soon to be loved as Hayden on *Criminal Minds*.



Sheryl Lee's book *Redefining DIVA*, a hip, modern guide to living, debuted to rave reviews. A popular national speaker, she creates a contagious positive energy with her spontaneous humor and quick wit. She has appeared on numerous shows and has been featured in many publications. An honored AIDS activist, she is the founding director of the DIVA (Divinely Inspired Victoriously Anointed) Foundation created in memory of many friends lost to HIV/AIDS. Her *Divas Simply Singing!*, is the longest consecutive running musical AIDS benefit in the country. Her one-woman show *Sometimes I Cry* about women affected by HIV/AIDS leaves audiences deeply moved.

Sheryl Lee holds the distinction of being the youngest female graduate of Rutgers College (RU) at the age of 19. She received her Doctorate in Humane Letters from Tougaloo College and Huston-Tillotson University for her AIDS activism. Mother of two with a blended family of four she is happily married to State Senator Vincent Hughes of Pennsylvania. She acknowledges love is the greatest gift to be given and shared.

TEEN LINE



Congratulations to
DR. ELAINE LEADER
*Recipient of the 2016
 Above and Beyond
 Award*

Elaine Leader always dreamt of making a difference in this world but never knew how. That dream became a reality with the birth of Teen Line in 1980. As its Executive Director until May, 2015, she helped the program develop into an amazing opportunity for teens to assist their peers through a hotline and community outreach service. Leading up to this accomplishment was her previous experience as

Coordinator of Adolescent Group Psychotherapy Training at Cedars-Sinai where she was a clinical social worker from 1972-1994.

While developing the Teen Line program, Dr. Leader also continued seeing patients in her private practice and kept busy with writing articles and book reviews for professional journals. Her chapter, *"Teen Line: A Listening Post for Troubled Youth"* appears in the book, Group Therapy with Children and Adolescents, published by the American Psychiatric Press, in 1996.

Dr. Leader has received many honors over the years, from the 1964 University Of London Mark Of Distinction in Social Work to the American Foundation for Suicide Prevention Award in 2000. She is most proud of the Crisis Centers Excellence Award from the American Association of Suicidology which she accepted on behalf of Teen Line in 2009. Teen Line is definitely Elaine Leader's special baby.

TEEN LINE

Congratulations to
THE HENSON & OTIS FAMILY

Recipient of the 2016 Humanitarian Award



Julian Otis and Ginger Otis, along with their mother Lisa Henson, as well as their father James Otis and step-father Dave Pressler, are honored to have been involved with TEEN LINE since 2012. The organization has made an enormous impact on their lives and they in turn have been promoters and supporters of the program's great work.

Julian Otis is currently a senior at Phillips Academy Andover. He has remained active as a listener at TEEN LINE during his breaks from boarding school, and credits his work at TEEN LINE for giving him social-emotional tools for compassionate communication and for providing firsthand experience to explore his burgeoning passion for psychology. Julian is an LGBT student leader at Andover and has initiated an all-school faculty education program to develop trans-inclusivity on campus. Julian also started Andover's first student meditation program.

Virginia "Ginger" Otis is currently attending Fusion Academy in Los Angeles, exploring her educational interests in an environment that supports her learning style. Ginger is an ardent participant in the TEEN LINE program and would like to pursue counseling as a vocation. Ginger always makes herself

available for TEEN LINE shifts, and she is active in TEEN LINE outreach to schools as well as with new participants in the program. Ginger is eloquent and honest about her own struggles at school, with depression, and with mental illness in the family, which makes her a genuine and empathetic listener.

Lisa Henson is CEO of The Jim Henson Company, producer of film, television and new media for audiences of all ages. Previously, Lisa was a feature film studio executive at Warner Brothers and Columbia Pictures, and now she is most active in producing educational television. Currently producing SPLASH AND BUBBLES, a new marine biology program for PBS, Lisa is a strong supporter of public media and the responsibility to produce meaningful programming for kids. Along with the Henson family, Lisa is preserving her father's legacy in puppetry by actively supporting the Center for Puppetry Arts in Atlanta and the Museum of the Moving Image in New York. Lisa's personal philanthropic interests include the environment, gun control, and mindfulness education.

TEEN LINE

Congratulations to
THE HEKMAT FAMILY

Recipient of the 2016 Distinguished Family Service Award



Teen Line is a very special program to the Hekmat family. It allowed us triplets to understand ourselves as three separately unique people and to realize how lucky we are to be supported by a safe and caring environment. Many teens are not surrounded with this type of support. Although the three of us participated in the program, we each found a way to make it our own by going on separate shifts. However, it became a tradition for us to do the Christmas shifts together which we are going to miss next year. With being on separate shifts our mom would have to drive to Cedars-Sinai three separate times but it helped us evolve into the people we are today. Our parents' unwavering dedication to help us grow as individuals will always be appreciated.

We don't know where we would be today without Teen Line and the memories we have made. Some of the friendships we developed here will last a lifetime. We thank everyone at Teen Line for showing us the importance of providing support for those in need. The feeling we get after helping a caller is like a high incomparable to anything else and we hope to continue helping others throughout the rest of our lives.

Chloe • Ariela • Justin

TEEN LINE



Congratulations to
GABE WIEDER

Recipient of the 2016 Teen Advocacy Award

I am a senior at Brentwood School. I will be attending Stanford University in the fall. My interests include bioengineering, theater, and classics. Also, I love to do community service. I volunteer at Camp Harmony, a sleep away camp for underprivileged children in the Los Angeles area, and get to plan events for the kids during the year. Of course, I also volunteer at Teen Line as a Listener. When I am not working on the line though, I have been able to do outreaches through Teen Line and speak about teen suicide. I have had the pleasure of speaking at the LAPD Juvenile Procedures School, Didi Hirsch's National Suicide Day, and various training sessions for incoming volunteers. Teen Line has taught me so much about people, and how powerful a story can be. It is incredibly humbling to feel like you are making a difference, even in the smallest of ways.

TEEN LINE

Congratulations to
SABRINA BELL

Recipient of the 2016 Teen Hero Award

Sabrina Bell is a senior at Marlborough School. She has volunteered at Teen Line since the spring of 2013 and became a Listener in December of 2013. Outside of Teen Line Sabrina is very involved in dance. She has been a member of Marlborough's audition-only dance company, Dance Dimensions, for three years. She has also devoted a lot of time to volunteering at the Rape Treatment Center in Santa Monica.

Sabrina has been so touched by Teen Line and its work that she and two other Teen Line volunteers at Marlborough created Marlborough's first Peer Counseling program. She, along with her two fellow founders, combined Teen Line experiences with those at Marlborough to create a peer-to-peer program tailored to Marlborough students' needs. Sabrina has treasured her time at Teen Line and has learned so much not only from the brave callers but also from the Resource Associates and her fellow volunteers.



Congratulations to
SARAH COHEN

Recipient of the 2016 Teen Hero Award

Sarah Cohen is a senior at Marlborough School. She has volunteered at Teen Line since the spring of 2013 and became a Listener in December of 2013. Outside of Teen Line, Sarah is really involved in Yearbook at Marlborough, serving as Editor in Chief during her senior year. Sarah

has been so impacted by Teen Line and its work that she and two other Marlborough Teen Line volunteers created a Peer Counseling program at their school. Sarah cherishes Teen Line so much because she values the importance of listening, as she feels that there are so many people out there who don't have the opportunity to be heard. She believes that Teen Line is an incredible life changing program and is truly honored to have been a part of it for so many years.

Congratulations to
HENRY MUHLHEIM

Recipient of the 2016 Outstanding Listener Award

I'm Henry Muhlheim, a senior at Harvard-Westlake School. I joined Teen Line in the summer of 2013, and instantly knew that it would be an incredible experience. From training, to observing, to finally getting to take calls, to helping lead another training group this past fall, Teen

Line has given me so many great opportunities to grow as a person and help teens going through the issues that we all go through. I am very grateful to be a part of this wonderful community.

Outside of Teen Line, I am an active member in my Jewish Community, amateur guitar player and music fan, and high school student passionate about history and politics. Next year I will be attending the University of Chicago.



Congratulations to
SARAH WAGNER

Recipient of the 2016 Outstanding Listener Award

Hi, I'm Sarah Wagner, and I'm a senior at the Archer School for Girls. I've been volunteering at Teen Line since summer of 2013, and it has been an integral part of my high school experience. I've loved being able to devote time each week to forming meaningful connections with callers over the phone, but the process has also changed me in ways I never initially expected. The listening skills I've gained—just learning to let people talk without interjecting my own advice or opinions—I apply on a regular basis. I am a better person and a better friend as a result of the hours I've spent here.

I'm undecided in terms of my course of study in college, but Teen Line has taught me that it's important to me that whatever I do to have a positive impact on the world around me.





Congratulations to
ALEXANDRA STRONG

Recipient of the 2016 VOICE Award

I'm a senior at University High School and will be attending a college on the East Coast in the fall to major in English and minor in music. Teen Line is my number one extracurricular activity. I love Teen Line and everything it represents. Serving communities across the country, when I'm on the hotline I'm able to provide

teens the support they deserve as well as comfort them with the fact that they are being heard. Teen Line has given me a wonderful community of friends and continues to teach me valuable life skills that I'll take with me wherever I go.

Congratulations to
ISABELLA YORK

Recipient of the 2016 VOICE Award

I am currently a senior at Brentwood School and I will be attending Cornell University in the fall. I play violin in my school's orchestra, I am the editor of my school's literary magazine, Amaranth, and I play Varsity Basketball. During college, I plan to major in Biology and Society, with a minor in Psychology. My experience as a listener at Teen Line has helped me to define who I am by allowing me to develop a greater sense of empathy and compassion. I hope to use these skills through my college experience and thereafter.



TEEN LINE

Congratulations to
LAETITIA COUSTAR

Recipient of the 2016 Distinguished Service Award

There's so much I would have never realized without Teen Line. You always hear stories of abuse, suicide ideation, and many other things, but I never knew how prevalent and common these issues were in our current society. Teen Line allowed me to realize that these issues do exist, and gave me the strategies to help people out of their misery and deal with what they're going through. Teen Line gave me eye-opening experiences, allowing me to become sensitive to many issues that exist in our world today, and how I should approach them. It gave me useful tips in life, that I will carry into college where I plan to study Art History and Business.



Congratulations to
SHADI KEYVANI

Recipient of the 2016 Distinguished Service Award



I am 18 years old and currently a senior at Palisades Charter High School. I enjoy art, music, fashion, and film. My favorite things to do are reading, taking photos, and visiting new places. I am passionate about human rights, medicine, and psychology. I plan to major in neuroscience and behavior as pre-med, in hopes of pursuing a career in psychiatry.

My experience volunteering at Teen Line has been extremely influential on who I am as a person. I have learned so much about the human experience by connecting with different teenagers facing a variety of challenges. Teen Line has taught me that the ability to support someone through empathy and communication is invaluable.

TEEN LINE

Congratulations to
BAXTER KING-EPPING

*Recipient of the 2016 Distinguished
Service Award*

I'm Baxter King-Epping. I'm 17 and a senior at Marlborough School. Besides working at Teen Line, I'm an editor on my school newspaper and a swim instructor at the YMCA. I don't know where I will be going to college but know that I am interested in studying psychology, sociology and anthropology and that Teen Line has had a big influence on those interests.



Teen Line is such a warm community and I feel so incredibly grateful for finding it. It creates a safe platform for callers to be vulnerable with their peers and being trusted with their stories has given me a real sense of purpose. I've learned that the power of connecting with people and letting them feel heard can be so much more impactful than fixing their problems.



Congratulations to
SARA NASR

*Recipient of the 2016 Distinguished
Service Award*

Helping others has always been important to me, so when my friend told me about Teen Line in 10th grade, I knew I had to apply. I joined Teen Line in the fall of 2013, and I'm now a graduating senior from LACES High School. Every moment I have spent in

training and in the hotline room has contributed to my life in ways that I never imagined. Teen Line is such an amazing, loving place that made me realize how much I want to help others in the future.

I'll be forever thankful for Teen Line; there aren't many experiences that could take the place of this one. I've learned how to listen to others with an open mind, and be nonjudgmental and empathetic. Thank you to both Jenny Pascal and Dr. Elaine Leader for everything they do to bring attention to issues that adolescents face and are usually belittled for. I'm not sure yet about where I'll be going this coming fall, but I do know that I want to study psychology and music. Teen Line, you will be missed.

TEEN LINE GREATLY APPRECIATES THE SUPPORT OF OUR SPONSORS

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If we omitted any sponsors due to our printing deadlines, we offer our apologies and sincere gratitude for helping make this year's luncheon a success.

LOS ANGELES POLICE DEPARTMENT

CHARLIE BECK
Chief of Police



ERIC GARCETTI
Mayor

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Rel# 8.3

March 21, 2016

Elaine Leader, PH.D.
Executive Director
TEEN LINE
Post Office Box 48750
Los Angeles, California 90048

Dear Dr. Leader:

On behalf of the men and women of the Los Angeles Police Department (LAPD), I sincerely congratulate TEEN LINE on its 35th Anniversary. Please accept our thanks for the service you have provided to law enforcement over the past twenty years.

Your instructors have provided important and beneficial training at Juvenile Procedures School and provided specialized training to LAPD personnel including our Detective Support and Vice Division personnel, Mental Evaluation Unit personnel, and Police Cadets. Many officers and detectives have benefited from the training provided by TEEN LINE. As a result, they are better qualified to assist troubled suicidal teens, as well as respond to the needs of their families.

Juvenile Division is committed to working with the community for the safety and well-being of the most vulnerable members in society, our children. This is accomplished through a working partnership between our Department and organizations such as TEEN LINE. Your efforts in this area are commendable. The LAPD and the citizens of the City of Los Angeles greatly benefit from the generous participation of TEEN LINE and Cedars-Sinai Medical Center. We are grateful to have the support of your organization and its volunteers.

If I can be of any service to you, please do not hesitate to contact me at (213) 486-0500.

Very truly yours,

CHARLIE BECK
Chief of Police


JULIAN R. MELENDEZ, Captain
Commanding Officer
Juvenile Division

AN EQUAL EMPLOYMENT OPPORTUNITY EMPLOYER
www.LAPDOdiva.org
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CEDARS-SINAI

Dear Friends,

Thank you very much for attending the annual TEEN LINE Food for Thought Luncheon and for your support of this valuable organization.

For more than three and a half decades, this non-profit, community-based organization has helped tens of thousands of teenagers address problems of all sizes. TEEN LINE has also served as a model for similar organizations around the country; their work is innovative, precedent-setting and born of true compassion and kindness.

This year we celebrate the 35th anniversary of TEEN LINE'S first call and we honor co-founder Elaine Leader, PhD, with the Above and Beyond Award.

Dr. Leader has been a tireless champion for TEEN LINE. She is passionate about helping youth with problems related to dating and friendships difficulties, drugs, suicide, eating disorders and child abuse. She has been an advocate for youth in the LGBT community and most recently, she spearheaded an anti-bullying campaign. Dr. Leader has also trained countless educators and members of law enforcement on how to deal with youth in crisis. We commend Dr. Leader for 35 years of dedicated service to TEEN LINE and our community.


We also honor the Henson and Otis family as they accept the Humanitarian Award, and we congratulate the recipients of the Distinguished Family Service Award, the Hekmat family, including triplets – Ariela, Chloe and Justin – who volunteer as TEEN LINE Listeners.

TEEN LINE relies on the young men and women who reach out to their peers by offering compassion and strength. We applaud this year's exceptional teen honorees: Henry Muhlheim, Sarah Wagner, Gabe Wieder, Alexandra Strong, Isabella York, Laetitia Coustar, Shadi Keyvani, Baxter King-Epping and Sara Nasr.

The Food for Thought Luncheon is hosted by Sheryl Lee Ralph and chaired by the TEEN LINE Board of Directors. We celebrate them – and every TEEN LINE staffer and volunteer – for their outstanding contributions to the well-being of Southern California's youth.

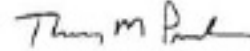
Cedars-Sinai is proud to serve as the home for TEEN LINE headquarters, and to have the opportunity to partner with the incomparable Dr. Leader and all of the organization's volunteers in creating such a strong network of caring and community support for generations to come.

With gratitude,



Vera Guerin
Chair Board of Directors





Thomas M. Priselac
President and CEO



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**President Pro Tempore Mitchell Englander
Council District Twelve**

April 14, 2016

Dear Teen Line:

It is with great pleasure that I welcome you to the Teen Line's Annual Food for Thought Luncheon celebrating the 35th anniversary of Teen Line's first call.

For 35 years, the Teen Line has continually provided young adults the opportunity to support their peers using modern technology and a unique community outreach program.

Special congratulations to tonight's 2016 Teen Line Honorees: Dr. Elaine Leader, recipient of the Above and Beyond Award; the Henson and Otis families, recipients of the Humanitarian Award; the Hekmat family, recipients of the Distinguished Service Family Award; Sabrina Bell and Sarah Cohen, recipients of the Teen Hero Awards; Henry Mulheim and Sarah Wagner recipients of the Outstanding Listener Awards; Gabe Wieder recipients of the Teen Advocacy Award; Alexandra Strong and Isabella York, recipients of the VOICE Awards; and Laetitia Coustar, Shadi Keyvani, Baxter King-Epping, and Sara Nasr, recipients of the Distinguished Service Awards.

On behalf of the nearly 4 million residents of the City of Los Angeles, thank you for your continued leadership and dedication to the youth in our community and enhancing the quality of life for the residents of Los Angeles.

Best wishes for a successful event.

Sincerely,


MITCHELL ENGLANDER
President Pro Tempore
Councilmember, Twelfth District



DAVID E. RYU
COUNCILMEMBER, FOURTH DISTRICT

Thursday, April 14, 2016

Dear Friends,

It gives me great pleasure to welcome you to Teen Line's annual Food for Thought Luncheon.

I want to congratulate and thank Teen Line for its 35 years of service to the youths of our nation. This unique organization provides a life-changing hotline of teen-to-teen support to help cope with issues such as bullying, drugs and alcohol, and even thoughts of suicide. Teen line hopes to provide support and outreach to stop problems from becoming crises.

I extended my congratulations to this year's Above and Beyond Family Award recipient Dr. Elaine Leader; Humanitarian Award recipients The Henson & Otis Family; Distinguished Service Family Award recipient The Hekmat family; Teen Hero Award recipients Sabrina Bell and Sarah Cohen; Outstanding Listener Award recipients Henry Mulheim and Sarah Wagner; Teen Advocacy Award recipient Gabe Wieder; VOICE award recipients Alexandra Strong and Isabella York; Distinguished Service Award recipients Laetitia Coustar, Shadi Keyvani, Baxter King-Epping, and Sara Nasr.

I send my best wishes for a memorable event!

Sincerely,

David E. Ryu
Councilmember

•••••

200 NORTH SPRING STREET • LOS ANGELES, CALIFORNIA 90012
PHONE: (213) 475-7004 • FAX: (213) 475-2311

•••



NURY MARTINEZ
COUNCILWOMAN, SIXTH DISTRICT

14 April 2016

Dear Teen Line,

On behalf of the City of Los Angeles' Sixth Council District, it gives me great pleasure to congratulate Teen Line on your 35th anniversary!



For 35 years Teen Line has provided personal teen-to-teen education and support before problems become a crisis, using a national hotline, current technologies and community outreach. Teen volunteers have helped their peers tackle issues from bullying to drugs and alcohol to thoughts of suicide. Your work has had a great impact on the lives of many young people!

I extend my congratulations to your honorees this year. Dr. Elaine Leader, as the founder of Teen Line has created a remarkable program, and I congratulate her on the Above and Beyond honor. She's joined by other deserving honorees, including: The Henson & Otis Family, The Heikmat Family, Sabrina Bell, Sarah Cohen, Henry Muhleim, Sarah Wagner, Gabe Wieder, Alexandra Strong, Isabella York, Laetitia Couvour, Shadi Keyvani, Baxter King-Epping, and Sara Nasr. Congratulations to all of you for your incredible work.

Thank you for the contributions you make to the City of Los Angeles and particularly the young people in LA. Your work makes LA a better place for all of us.

I extend my best wishes for a memorable celebration and future success.

Sincerely,

Wendy Martinez

NURY MARTINEZ
Councilwoman, Sixth District

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PAUL KORETZ
Councilmember, Fifth District

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April 14, 2016

TEEN LINE
PO Box 48750
Los Angeles, CA 90048

Dear Friends,

It is the utmost gratitude that I proudly salute Teen Line, on the grand occasion of its Annual Food for Thought Luncheon, which also marks the celebration of Teen Line's 35th Anniversary.

For all those many years, this exemplary program has made a huge difference for the better, both in the lives of the teens who take part as volunteers, and those they help. I heartily applaud everyone who has ever supported and participated in this outstanding endeavor.

I also congratulate this year's honorees: Founder Dr. Elaine Leader, recipient of the Above and Beyond Award; the Henson and Otis Family, being given the Humanitarian Award; the Heikmat Family, being presented the Distinguished Service Family Award; and Teen Hero Award recipients Sabrina Bell and Sarah Cohen (Outstanding Listeners), Henry Mulheim and Sarah Wagner (Teen Advocacy), Gabi Wider (VOICE Award), Alexandra Strong and Isabella York (Distinguished Service), Laetitia Coustar, Shadi Keyvani, Baxter King-Epping and Sara Nase. Through steadfast ways and caring deeds, these honorees, and Teen Line, have made Los Angeles a better place in which to live.

Sincerely,

Paul Koretz
PAUL KORETZ

[illegible]



BOARD OF SUPERVISORS COUNTY OF LOS ANGELES

821 KENNETH HARRIS HALL OF ADMINISTRATION / LOS ANGELES, CALIFORNIA 90012
Tel: 213-874-3333 Fax: 213-425-7360 Sheila@los.anginfo.gov

SHEILA KUEHL
SUPERVISOR, THIRD DISTRICT

April 14, 2016

Dear Friends at Teen Line:

I'm delighted to offer my greetings to everyone in attendance for the Annual Food for Thought Luncheon. Today, we celebrate Teen Line's 2016 honorees for their long-time support of Teen Line and its life-changing programs.

For 35 years, Teen Line has provided teen-to-teen counseling and crisis intervention and prevention using a national hotline, current technologies and community outreach. Dedicated teens immerse themselves in this fulfilling volunteer program, responding to peers in crisis and helping them cope in times of trauma. Today, Teen Line's hotline receives about 10,000 calls, texts, and emails each year. Teen Line has created a safe space for teens to engage without judgment, and in a time of crisis, nothing is more important than that.

This year also marks the 35th anniversary of Teen Line's first call. There is no better way to commemorate this milestone than by honoring Teen Line's founder, Dr. Elaine Leader, who is being presented with the Above and Beyond Award.

Dr. Leader, a therapist specializing in adolescent psychology, grew Teen Line out of her practice. She realized that she was only reaching a small portion of young people who needed help and that a more inclusive approach to adolescent mental health was necessary. After extensive research and consultation, the teen-to-teen counseling model that epitomizes Teen Line's hotline service was born.

My warmest congratulations to all of today's honorees on their well-earned recognition!

Sincerely,

Sheila Kuehl
Supervisor, Third District

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April 14, 2016

Dear Friends:

It is with great pleasure that I extend my warmest congratulations to **Teen Line** on the occasion of its **35th Annual Food for Thought Luncheon**.

For 35 years Teen Line has worked to provide volunteer programs that offer dedicated teens both conflict prevention skills and community outreach. The 35th Annual Food for Thought Luncheon is an opportunity to celebrate the achievements of Teen Line in the last year, and to recognize the contributions of individuals who have demonstrated a commitment to Teen Line's mission.



I would like to extend my congratulations to today's honorees:

- ◆ Dr. Elaine Leader, *Above and Beyond Award*
- ◆ The Henson and Otis Family, *Humanitarian Award*
- ◆ The Hekmat Family, *Distinguished Service Family Award*
- ◆ Sabrina Bell, *Teen Hero Award*
- ◆ Sarah Cohen, *Teen Hero Award*
- ◆ Henry Muhlbach, *Outstanding Listener Award*
- ◆ Sarah Wagner, *Outstanding Listener Award*
- ◆ Gabe Wieder, *Teen Advocacy*
- ◆ Alexander Strong, *VOICE Award*
- ◆ Isabella York, *VOICE Award*
- ◆ Laetitia Coustar, *Distinguished Service Award*
- ◆ Shadi Keyvani, *Distinguished Service Award*
- ◆ Baxter King-Epping, *Distinguished Service Award*
- ◆ Sara Nasr, *Distinguished Service Award*

Best wishes on a memorable event!

Sincerely,

Karen Bass
Member of Congress
37th Congressional District of California

**WITH GREATEST APPRECIATION
TO OUR PRESENTING SPONSORS**

The Herzer Family
and
The Jeffrey A. Kaplan Family



Teen Line Presenting Sponsor

**Congratulations to
Dr. Leader and all the
Teen Line Listeners!**

**We are so honored
to be a part of
the Teen Line Family.**

The Herzer Family

Teen Line Presenting Sponsor

Congratulations to
Dr. Elaine Leader
for the
Above and Beyond Award
and for 35 years of
helping teens.

"What we do for ourselves dies with us.
What we do for others and the world
remains and is immortal."

– Albert Pike

Jeffrey A. Kaplan

Teen Line Presenting Sponsor

Congratulations Teen Line on 35 years
of helping youth.

We are so grateful to all the teens, resource
associates, staff, Board Members, and thousands
of friends who make this program possible.

Special Congratulations to Dr. Leader, The Henson
and Otis Family, The Hekmat Family and all of this
year's honorees.

Together we can make a difference!



The Jeffrey A. Kaplan Family

Happy Anniversary Teen Line!

Congratulations to the one and only Dr. Elaine Leader!

A big thank you to the staff, volunteers, Board, RAs and teens who create a safety net for teenagers all around the world.

Much Love and Gratitude,

Stephanie and Harold
and our favorite listeners
Spencer and Greer Bronson



WHEN WE LOOK
FOR THOSE
WHO INSPIRE,
ENCOURAGE AND
LEAD, WE SIMPLY
TURN TO THOSE
AROUND US

*We congratulate Dr. Elaine Leader
on the Above and Beyond award
and all of today's teen and family
volunteer honorees.*

Congratulations
Teen Line and
to all of today's
honorees

Jim Henson
THE JIM HENSON COMPANY



The Henson family salutes
the incredible work
and impact
of Teen Line.

The Jane Henson Foundation

We are proud to
support Jenny Pascal
and Teen Line.

Thank you for the
wonderful work you do!
And congratulations to
this year's honorees.

With love,
- Liza & Paul Wachter



*Congratulations
Julian and Ginger!*

*We are so proud of you both
and we celebrate your hard
work and dedication to*

TEEN LINE.

*You are compassionate
young leaders, and we enjoy
watching your future unfold
every day!*

Love,
MOM AND DAVE

PASCAL PICTURES

Congratulations Lisa, Ginger and Julian
on your Humanitarian Award!

Love,
Your Friends at Pascal Pictures



**CONGRATULATIONS
SABRINA
WE ARE SO PROUD
OF YOU!**

Love, Mom, Dad, Liam, Avril, Lucy & Ricky

Congratulations to all
of today's honorees
and to Teen Line on
this special anniversary.

- Lynda Adelson



Our Dearest Justin, Chloe & Ariela
Dr. Elaine Leader, and all honorees
Congratulations on this well
deserved honor.

Your passion and your devotion to Teen
Line are sources of inspiration
for all of us.

We are so proud of your accomplishments.

Wishing you all the best always,

Soheil, Roya & Joseph Hekmat



WE ARE SO HONORED TO BE
A PART OF THE INCREDIBLE
TEEN LINE EXPERIENCE.

CONGRATULATIONS TO
DR. LEADER AND THE
WHOLE FANTASTIC TEEN
LINE TEAM ON ALL YOUR
ACCOMPLISHMENTS.

WITH LOVE & GRATITUDE,
THE EIDINGER FAMILY

Congratulations!

to **TEEN LINE**
on its 35th Anniversary

and to Dr. Elaine Leader, Founder,
for her visionary leadership.



Teen Line Training Sponsor



KUDOS TO THE GREAT LEADER,
ELAINE, THE HENSON-OTIS FAMILY,
THE HEKMAT FAMILY AND ALL THE
TEEN HONOREES...HERE'S TO
ANOTHER 35 IMPACTFUL YEARS!

LOVE,

THE LINDEMANN FOUNDATION, BARBARA LINDEMANN, BRADFORD
SCHLEI, JAMIE PRICE, BLAKE LINDSLEY AND STEPHEN
NEMETH...LINCOLN AND LOUSIE!

Teen Line Training Sponsor

How blessed we
are to have
Teen Line to support
our youngest and
most vulnerable.

Lynne, Lucie and Jill



HAPPY ANNIVERSARY
TEEN LINE AND
CONGRATULATIONS TO ALL
OF TODAY'S HONOREES.

THANK YOU TO HAROLD AND
STEPHANIE AND TO JENNY
AND RICHARD EIDINGER FOR
ALL THE GREAT WORK THAT
YOU DO!

DAVID AND EVELYN HOU

Congratulations to ELAINE LEADER
for her vision,

Stephanie Bronson, Lisa Henson

and
all the volunteers for their amazing work

TEEN LINE:

empathic training for teenagers
helping them use their hearts to save lives



TheNarrativeMethod.org



*Congratulations to
everyone at Teen Line!
Stephanie Bronson Rules!*

-The Lushing Family

Thank you so much to the Teen Line
listeners, volunteers, staff and RAs for
everything you do!

With great appreciation to
Dr. Leader, The Henson and Otis Family,
The Hekmat Family and all the teen
honorees for their dedication to helping
teens in crisis.

With love and gratitude
Jill Mazursky and Molly Cody

Congratulations to
Ginger and Julian
for this recognition
of your commitment
to Teen Line.

Love,
Cheryl, Lizzy, Ed and Declan



Congratulations to the
Staff and Volunteers
at Teen Line, Elaine Leader
and Stephanie Bronson.
We so appreciate all
you do for this wonderful
organization!!!!

Lili Cairl, Jack Cairl & Zazi Pope



VENABLE_{LLP}



We Proudly Support **Teen Line**
and all of the great work they
do to help teenagers.

Congratulations to all of the honorees.
We applaud your dedication
and contribution.



CALIFORNIA | DELAWARE | MARYLAND | NEW YORK | WASHINGTON, DC

Happy Anniversary Teen Line!
Congratulations to Dr. Leader and
all of today's honorees!

In honor of our favorite listener

Emily Smith

In the memory of
Leslie Danelian

In gratitude to
Stephanie Nemeth Bronson, MFT

With love,
Louise Danelian on behalf of the Stephan
Philibosian Foundation



MATTHEW SILVERMAN
MSMF
 MEMORIAL FOUNDATION

The Matthew Silverman Memorial Foundation proudly supports
 TEEN LINE in its efforts to combat teen suicide.

MATTHEW SILVERMAN
MSMF
 MEMORIAL FOUNDATION
www.mattsfoundation.org



Celebrating Teen Line's 35th
 anniversary and their incredible
 work providing acceptance and
 understanding to teens when
 they need it the most.

-Pamela Buffett



*The Rebecca Susan Buffett Foundation was
 established in memory of Pamela Buffett's
 Daughter Rebecca Susan Buffett.*



So proud our family
is part of the Teen Line family.

Congratulations!

Lynne and Lucie

Congratulations to

**THE HENSON &
OTIS FAMILY**

Humanitarian Award Recipient

*We are proud to support you in your
commitment to helping teens in need.*

From
YOUR TEAM AT
NIGRO KARLIN SEGAL FELDSTEIN & BOLNO

NKSFB

We proudly support the
important work of
TEEN LINE
and wish you
continued success



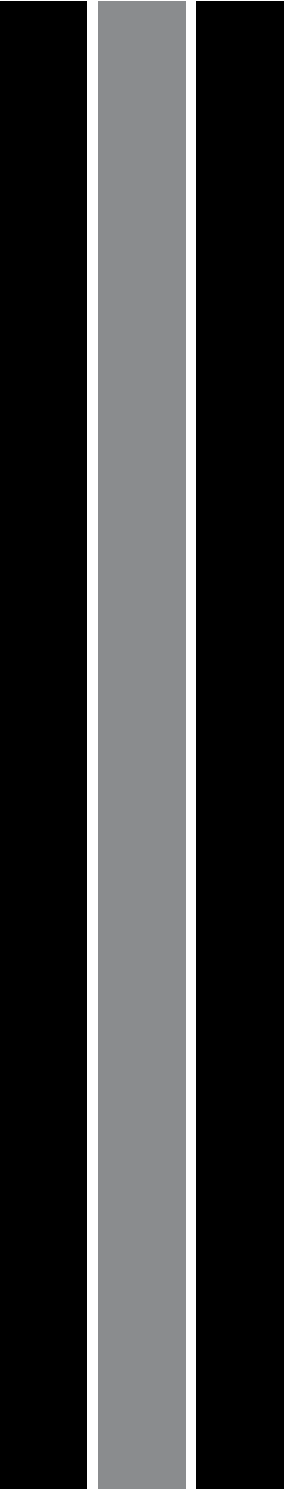
**MILKEN FAMILY
FOUNDATION**

Leading Advances in
Education and Medical Research



We salute Teen Line and
All the honorees for their tireless
and important work.
And congratulate our dear friend
Stephanie Bronson for her dedication
to Teen Line.
Your passion inspires and impacts so
many people's lives.

We love you,
Linda and Tony Rubin



CONGRATS JULIAN
AND GINGER AND
THE WHOLE TEEN
HOTLINE FOR
YOUR AMAZING
WORK!!

THE SMALLEY-WALL FAMILY

To Stephanie Bronson,
The Board, and
all the Teen Line Listeners:
"Keep Up the Good Work."

With admiration and respect
for all that you do.

Sincerely,
The Rogg Family

Each one of these people learned valuable
life lessons from participating
in Teen Line: how important it is to just
listen to others!

Rochelle Israel Glucksman 36,

Alex Israel 33, Andi Israel 28

Justin Ruder 20, Jessie Ruder 20.

Thank you Dr. Leader for devoting much of your
life to make a difference in the lives of so many
young people.

Lonnie Levi Israel

**THANK YOU TEEN LINE
FOR ALL THE
INCREDIBLE WORK
YOU DO.**

**WITH RESPECT,
SHIRA, ADAM, PEARL, AND LILI ROSE MCKAY**



THANK YOU SUICIDE PREVENTION CENTER

TEEN LINE is highly appreciative for its relationship with DIDI HIRSCH Mental Health Center's Suicide Prevention Center, who provides after-hours support to our hotline for crisis callers.

We want to acknowledge how important this relationship is to TEEN LINE and to thank Didi Hirsch's CEO Kita Curry, Ph.D. and the many others at Suicide Prevention Center that support our efforts.



CEDARS-SINAI®

THANK YOU CEDARS-SINAI!

TEEN LINE is most grateful for its longstanding relationship with Cedars-Sinai which continues to provide a safe and secure home for our program.

We want to thank President/CEO Tom Priselac, Board Chair Vera Guerin, Senior Vice President, Community Relations, Art Ochoa; Director, Community Engagement, Jonathan Schreiber, and the many others at Cedars that support our efforts.

Thank you all for your continued support.

Flower centerpieces at the Food for Thought luncheon were provided by Flower Duet.

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THERAPY LA

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Eating Disorder Therapy LA is a multidisciplinary specialized outpatient eating disorder practice in the heart of Los Angeles California. Under the direction of Lauren Muhlheim, Psy.D., Clinical Psychologist and Certified Eating Disorder Specialist, we offer a range of coordinated services, including psychotherapy for eating disorders, anxiety, and depression, nutritional counseling, and yoga and movement, all in one convenient location.

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www.EatingDisorderTherapyLA.com
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Dr. Leader and ALL
Teen Line volunteers—

THANK YOU!



Tutor Ted.
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www.tutorted.com

Within the walls of Cedars-Sinai in 1985, You launched an adolescent group that would soon change lives. Teen Line was born shortly thereafter, and the world of counseling began a new chapter.

The concept of teen to teen counseling via phone, so teens who are hurting don't feel so alone. Teaching teens to listen and discuss, and give options as callers humbly confess.

Here we are 35 years later, celebrating the first Teen Line call. Over 1 million students through outreach, Almost half a million incoming calls!

To have you in our lives Dr. Leader our family has been blessed. Ann and her children think your friendship is above the rest. May the Teen Line you've created last beyond 2099! Long live Dr. Elaine Leader. Long live Teen Line.

- Ashli, Andrew, James, & Ann Banks

Congratulations to the Henson
and Otis Family and all the
2016 Teen Line honorees.
We are so proud of your
commitment and service.

Kelly Goode and Josie Abugov



Congratulation
Julian and Ginger!

Jay and Pria

SABRINA BELL, an amazing
goddaughter and godsister!

We love you and are so proud of all
of your hard work and years of
dedication to TEEN LINE.

CONGRATULATIONS on this
well-deserved honor!

Nora, Kerry, Emily & Julia



"ONE OF THE MOST SINCERE FORMS OF RESPECT IS ACTUALLY
LISTENING TO WHAT ANOTHER HAS TO SAY" – *Bryant H. McHill*

Congratulations to Justin, Chloe and Ariela Hekmat
for their dedication and service to



You are a credit to the family.
Thanks to Teen Line for 35 years of invaluable work.

Kambiz, Mahnaz, Cyrus, Reuben and Daniela Hekmat

Congratulations 2016 Honorees
and all at Teen Line on another
successful year of teens helping
teens.....

Proud Supporters of Teen Line

Bill and Sonoma Leyhe
Katie Browman

CONGRATULATIONS,

DR. ELAINE LEADER!

THANK YOU FOR YOUR MANY YEARS
DEDICATION AND COMMITMENT TO FAMILIES!

YOU ARE AN INSPIRATION TO ALL!

LOVE,
NANCY AND BARRY LEVY
JENNIE LEVY BULOW
MICHAEL LEVY

THANKS FOR THE MEMORIES

In Honor of and in Gratitude to Elaine
April 2016

...for all the friendship over the years
...for all the support and encouragement when I first started out in practice
...for all the theater and dinner evenings
...for all the holiday dinners
...for all the conversations

and most of all...for all the love

May this celebration today continue to resonate each and every day, Elaine,
as you realize the power of your gifts and the lasting impressions of your
efforts on so many people for so many years.

With the warmest wishes and biggest hugs, always with love,

Dale Rose
OXOXOXOX

CONGRATULATIONS ISABELLA!

We are very proud of you. We love you.
Have the best time in Cornell.
We will be missing you!

Mom, Jeff, Coco,
Romie and Axel



*"Each time a person stands up for an ideal, or acts to improve the lot of others...
she sends forth a tiny ripple of hope."*

Robert F. Kennedy

Sarah, you are our Hope and our Hero
and we cannot be prouder!
All Our Love,
Mom, Dad, and Claire



IN HONOR OF HENRY MUHLHEIM

CONGRATULATIONS ON YOUR
OUTSTANDING LISTENER AWARD.

WE LOVE YOU AND
ARE VERY PROUD,

MOMMY, DADDY, REBECCA, AND ALLISON

To Gabe Wieder,
In tribute to your
tireless hours
of listening...

Congrats to the grease,
with love from the
squeaky wheels.





"There are people in your life whom you unknowingly inspire simply by being you."

Congratulations to our
Fearless (Dr.) Leader for
continuing to inspire so many.

We love you,
*Michelle, Jenny, Cheryl, Else, Shamen,
Krystal, and Yared*

TEEN LINE

TEEN RECOGNITION LISTING 2015

TEEN LINE

joins with families to recognize
the invaluable contribution our
Teen Volunteers make to Teen Line
and to their community.

Congratulations all!

Mary K. Abzug

Lily Alexander

Miriam Berman

Lila Mass

Ginger Otis

Julian Otis

Nicholas H. Ryu

Sarah Shindler

TEEN LINE

THANK YOU BOB BURT,

TEEN LINE's Riverside Outreach Coordinator.

We really appreciate all of your hard work in educating so many young people, their parents, teachers and law enforcement personnel in the Inland Empire community. Your suicide prevention efforts are tremendously worthwhile and life-saving.

THE TEEN LINE BOARD AND STAFF



To the TEEN LINE Listeners and Outreach Volunteers

Without your participation Teen Line would not be the wonderful and successful program we all admire.

I thank you for your devotion, compassion and dedication. Thanks for helping and being there for troubled teens in need.

You are the best! Congratulations to you all.

Elaine Leader, Ph.D.



Thank you to the Teens Thank you to the Parents

We greatly appreciate your dedication and commitment to TEEN LINE®

TEEN LINE Staff

Elaine Leader, *Ph.D., Founder*

Michelle Carlson, *MPH, Executive Director*

Jenny Pascal, *MA, MFT, Training Director*

Cheryl Karp Eskin, *MA, MFT, Program Director*

Else Duff, *BA, Development Director*

Shamen Balasooriya, *BM, Administrator*

Krystal Harris, *BA, Outreach Coordinator*

Bob Burt, *Riverside Outreach Coordinator*

Yared Martinez, *BA, Administrative & Development Assistant*

TO THE TEEN LINE RESOURCE ASSOCIATES:

Thanks for your devotion to Teen Line and all that you do. Your dedication, hard work and caring are greatly appreciated by us all.

Ali Baird
Stephen Burton
Tracy Dasho
Barry Davis
Debbie Thomas
Nicole Fanucci
Aaron Jimenez
Robyn Kures
Laurie Lipsky
Erika Nanes

Dona Norris
Audra Potz
Valerie Richards
Mark Schiff
Jessica Steinman
Patricia Wallace
Pamela Warren
Sheryl Kipper Weissberg
Laura Worthington
Dinko Zidarich

TEEN LINE THANKS THE FABULOUS BOUTIQUE AND OUR LUNCHEON VOLUNTEERS!

Boutique:

*Borrowed Bling
Hostess Gifts to Go
Keikico
Kiki Bean & Bedhead PJ's
Moonlite
Shelley's Fashions
The Classy Bag Lady
The Treasured Accessory*

30% of all boutique sales are donated to Teen Line!

Volunteers:

*Alexa Khorshad
Angela Yoo
Arianna Montero
Dylan Brenner
Erika Nanes
Isabel Lopez
Josie Abugov
Lily Alexander
Lynne Mulling
Maria Beck
Rachel Khorshad
Romy Flores
Sophia Martin
Taylor Shabani
Theri Aronson
Vira Tkachuk*

THANK YOU!

If we omitted anyone due to our printing deadlines, we offer our apologies and sincere gratitude for helping make this year's luncheon a success.

TEEN LINE OVER THE YEARS

- 1980** First group of teen volunteers began training in September
- 1981** **TEEN LINE** hotline opens for calls in April
- 1994** Co-founder Terry Lipton MD receives **TEEN LINE** "Humanitarian Award"
- 1996** **TEEN LINE** begins training officers at LAPD Juvenile Procedures School on teen suicide prevention
- 1998** Dr. Lipton and Dr. Leader receive 'SHARE!' Recovery Award
- 1998** **TEEN LINE**/Sheldon Andelson LGBT Outreach is created
- 1999** Dr. Lipton receives "Angels over Los Angeles" Award for **TEEN LINE**
- 2000** **TEEN LINE** receives American Foundation for Suicide Prevention Award for work in teen suicide prevention
- 2001** **TEEN LINE** receives 'Angel of Peace' Award from the Violence Prevention Coalition of Los Angeles for our work in teen suicide prevention and our LGBT Outreach
- 2002** **TEEN LINE** receives 'Kids Talk Foundation Humanitarian' Award
- 2003** **TEEN LINE** establishes the 'Terry David Lipton, MD VOICE' Award
- 2004** Dr. Lipton and Dr. Leader receive the Southern California Psychoanalytic Society Award
- 2005** **TEEN LINE** is accredited by the American Association of Suicidology
- 2006** **TEEN LINE** adds Teen Dating Violence Outreach
- 2007** Live Chat component added to our website which had over 182,000 visitors over the year
- 2008** **TEEN LINE** begins gang prevention outreaches at Los Angeles Public Libraries
- 2009** **TEEN LINE** adds brochure on Cyber Harm
- 2010** **TEEN LINE** began its 30th year of service, training, and care
TEEN LINE held its first teen organized Summer Lovin' music event
- 2011** **TEEN LINE** launches an innovative text messaging service
- 2012** **TEEN LINE** was featured on LIVE, LIFE AND WIN! TV show
TEEN LINE joins with PACE to educate youth about cyber bullying
- 2013** **TEEN LINE** publishes eighth edition of the Youth Yellow Pages
- 2014** **TEEN LINE** launches a new website and releases the Youth Yellow Pages as an app
- 2015** **TEEN LINE** hired a new Executive Director, Michelle Carlson, MPH.
Dr. Leader continues her involvement as Founder.

As of Spring 2016... 2027 teens have volunteered for the hotline.

TEEN LINE SERVICES



TEEN LINE provides personal teen-to-teen education and support before problems become a crisis, using a national hotline, current technologies and community outreach.

TEEN-TO-TEEN HOTLINE:

Open daily 6:00pm – 10:00 pm, PST. Phone, email and text messaging hotline Training 80 teen volunteers annually. Outreach presentations to schools, youth groups, adolescent-serving agencies and law enforcement.

Website: www.teenlineonline.org

TEEN SUICIDE PREVENTION SERVICES:

Law Enforcement Teen Suicide Prevention Training
Teen Suicide Prevention at Middle Schools and High Schools

OUTREACH SERVICES:

More than a Hotline - Focuses on the overall TEEN LINE program and volunteer opportunities.

Bullying Prevention - Discusses the issue of bullying, including the different forms.

LGBTQ - Understanding the freedom in sexual orientation and gender identity.

Suicide Prevention - Discusses the sensitive issue of teen suicide. It includes education about the warning signs and how to help a depressed or suicidal friend.

PARENTING PROGRAM:

Parent workshops (for parents of teens) and resources including bimonthly blog.

EDUCATIONAL MATERIALS:

The Youth Yellow Pages, available online and as a downloadable app

Brochures on the following topics: Teen Suicide, Self-Injury, Sex and Sexuality, Teen Dating Violence, Drug Abuse Prevention, Teen Suicide Prevention for School and Police Personnel, Teens Helping Teens, Eating Disorders, Bullying Prevention, Volunteer at Teen Line

VIDEOS AND DVDS:

Anti-Bullying

LGBTQ: Understanding Sexual Orientation and Gender Identities

Teen Suicide Prevention

TEEN LINE Help Line

CONSULTATION SERVICES:

Offered to schools, youth agencies, law enforcement, and the media

TEEN LINE OFFICE:

P.O. Box 48750, Los Angeles, CA 90048

Phone: **310-423-3401** FAX: **310-423-0456** Email: contact@teenlineonline.org

CONGRATULATIONS ELAINE
ON THIS WONDERFUL HONOR
AND YOUR DEVOTED SERVICE
TO TEEN LINE

IN HONOR OF OUR FAVORITE LISTENER
JOY STEINBERG
TEEN LINE LISTENER 2006-2009

AND IN THE MEMORY OF
SAM STEINBERG - JACQUELINE STEINBERG
JAMES M. STEINBERG
MELINDA STEINBERG- GRIBBS
HARRY STEINBERG - ESTHER STEINBERG
FANNY MARKOWITZ - JOE MARKOWITZ

CONGRATULATIONS,
DR. JEFF STEINBERG AND FAMILY



**"Adults are
just outdated
children."**

— Dr. Seuss

I love you!
- Dad