

# teen line

*TEEN LINE is proud to present a NEW seminar for parents:*

## PART 1: "SURVIVING (AND ENJOYING) YOUR TEEN'S ADOLESCENCE"

Part one will teach parents how to use empathy and active listening to improve communication with their teens.

## PART 2: "HOW DO I KNOW IF IT'S SERIOUS?"

Part two will help parents to differentiate "normal" teen behavior from worrisome behavior, and what to do if your teen is struggling.

### **Presenter:**

***Cheryl Karp Eskin, MFT. TEEN LINE Program Director***

*Past experience includes working with adolescents and families in a variety of settings such as community mental health, non public school, and private practice.*

**Information Contact: Cheryl Karp Eskin at 310.423.1604 or [cheryl@teenlineonline.org](mailto:cheryl@teenlineonline.org)**

## WE ARE ALSO EXCITED TO ANNOUNCE OUR NEW WEBSITE FOR PARENTS:

***[www.TeenLineOnline.org/Parents](http://www.TeenLineOnline.org/Parents)***

***CHECK US OUT AND SUBSCRIBE TO OUR BIMONTHLY BLOG!***

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