PART 1: “SURVIVING (AND ENJOYING) YOUR TEEN’S ADOLESCENCE”
Part one will teach parents how to use empathy and active listening to improve communication with their teens.

PART 2: “HOW DO I KNOW IF IT’S SERIOUS?”
Part two will help parents to differentiate “normal” teen behavior from worrisome behavior, and what to do if your teen is struggling.

Presenter:
Cheryl Karp Eskin, MFT. TEEN LINE Program Director
Past experience includes working with adolescents and families in a variety of settings such as community mental health, non-public school, and private practice.

Information Contact: Cheryl Karp Eskin at 310.423.1604 or cheryl@teenlineonline.org

WE ARE ALSO EXCITED TO ANNOUNCE OUR NEW WEBSITE FOR PARENTS:
www.TeenLineOnline.org/Parents

CHECK US OUT AND SUBSCRIBE TO OUR BIMONTHLY BLOG!

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